



MORARJI DESAI NATIONAL INSTITUTE OF YOGA

(AN AUTONOMOUS ORGANISATION UNDER DEPTT. OF AYUSH, MINISTRY OF HEALTH & F.W., GOVT. OF INDIA)



Scheme For DISTRICT YOGA WELLNESS CENTRE Under Public Private Partnership (PPP)

Morarji Desai National Institute of Yoga (MDNIY) is an autonomous organization under the Department of AYUSH, Ministry of Health & Family Welfare, Government of India. It is a focal Institute for planning, training, promotion and coordination of Yoga Education, Training, Therapy and Research in all its aspects. As a dedicated National Institute for the propagation and promotion of Yoga, MDNIY has launched a scheme for District Yoga Wellness Centre (DYWC) under Public Private Partnership (PPP) mode under which at least one NGO will be financially as well as technically assisted in each district of the country in phases during the 11th Five Year Plan.

Objectives

- ★ To increase mass awareness about the health benefits of Yoga
- ★ To impart training facility on standard Yoga practices for physical, mental and spiritual well being of the people.
- ★ To create a network of Yoga Training Institutes/ Centers for propagation and promotion of Yoga.
- ★ To co-ordinate Yoga in School Health Programme of MDNIY with the help of teachers trained in each district under School Health Programme by leading Yoga Institutes

Eligibility criteria of the NGOs:

- ★ Shall be registered under Societies Registration Act, 1860 or as a Trust.
- ★ Should have been engaged in Yoga training / health promotion activities at least for last three years.
- ★ Should have minimum basic infrastructure facilities for Yoga training and should have expertise in organizing health awareness programmes.

Modalities:

NGO will be required to apply to the Director, MDNIY, along with the recommendations from:

- ★ The District Collector/ Deputy Commissioner/ District Magistrate of the concerned District.
- ★ The Nodal Yoga Institute (NYI) for the concerned state as identified by MDNIY.

Scale of Financial Assistance to District Yoga Wellness Centre:

The selected NGO will be provided financial assistance as below.

- ★ Recurring Assistance

S. No.	Subject	Expenditure per month (in Rs.)	Total amount per annum (in Rs.)
1.	Remuneration		
	a. Yoga Instructor (Male)	12,000/-	1,44,000/-
	b. Yoga Instructor (Female)	12,000/-	1,44,000/-
	c. Attendant	3,000/-	36,000/-
2.	Hiring of premises/ Maintenance of building	4,000/-	48,000/-
3.	Miscellaneous expenditure	1,500/-	18,000/-
	Total		3,90,000/-

- ★ Non-Recurring Assistance (One time grant) for initial furnishing: Rs.60,000/-

Processing of Applications:

Received application from the NGOs will be screened by Institutional screening Committee and evaluated by Institutional Evaluation committee to select a suitable NGO for each district to run DYWC.

Programmes to be conducted by DYWC:

- ★ Foundation Course in Yoga for Wellness (FCYW) of one-month duration at least 10 programme in a year.
- ★ Yoga Awareness Programme of 3-5 days duration (minimum 15 hrs.) - Minimum 4 programme in a year.
- ★ Special Yoga Programmes for General Wellbeing.
- ★ Regular Yoga Training Programme for prevention and promotion of health for general public of each minimum one hour duration (minimum 2 Training programme of each one hour duration daily, separately for male and female)..

Functions and Responsibilities of Nodal Yoga Institutes (NYI):

The Leading Yoga Institutes identified by MDNIY for the scheme, shall work as Nodal Institute for a particular state. Nodal Yoga Institutes will verify the Technical aspects, the credibility, infrastructural facility, potentiality to conduct the programmes laid down in the scheme for DYWC. It shall also

- ★ Provide technical help for establishing infrastructural facilities.
- ★ Help in selecting suitable technical staff.
- ★ Provide necessary Yoga training/ orientation programme/s to the Yoga instructors.
- ★ Assist the center in implementing the programme in an effective manner.
- ★ Any other assistance, if needed, with specific request and approval from MDNIY.

The Nodal Yoga Institute shall periodically evaluate the progress of each DYWC and send half yearly, annual progress report to Director, MDNIY with specific recommendations.

Evaluation:

The DYWC will submit its half yearly and annual progress report to MDNIY, duly forwarded through its Nodal Yoga Institute, latest by 15th of next month. However, the MDNIY reserves the right to stop the grant-in-aid in case of any evidence of non-functioning of any DYWC in true spirit of the scheme or as per the guidelines & standards laid down in the Scheme.

Monitoring of the scheme

The Nodal Yoga Institute as identified by MDNIY and Monitoring Committee constituted for the said scheme will monitor time to time and decide to continue grants for DYWC.

*Last date for receipt of applications is 15th september 2010.
(for J&K, N-E States, A&N Island is 24th september 2010)*

please contact

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